

Influenza Vaccination - Who should be vaccinated?

Vaccination is strongly recommended for:

- persons 65 and over,
- those with a long-term medical condition such as diabetes, heart or lung disease,
- healthcare workers,
- residents of nursing homes and other long stay institutions,
- carers,
- people whose immune system is impaired due to disease or treatment,
- people with regular close contact with poultry, water fowl or pigs,
- persons with a body mass index (BMI) over 40,
- pregnant women with long term medical conditions or whose immune system is not working,*
- pregnant women who do not have long term medical conditions but have not previously received Swine Flu vaccine.*

* can be given at any stage of pregnancy

Pneumococcal Vaccination - Who should be vaccinated?

Pneumococcal disease is a very serious disease. It is a major cause of illness and death, particularly amongst the very young. Those with the following conditions should be vaccinated.

Everybody aged 65 years and over

Also people with ;

- Diabetes mellitus
- Chronic heart, respiratory or liver disease
- Chronic renal disease or nephrotic syndrome
- Sickle Cell Disease
- Those with missing or non functioning spleens
- Those with immunodeficiency due to disease or treatment
- Persons with HIV infection or AIDS
- Vaccination is not recommended for healthy young adults, as there is little risk of pneumococcal infection.